

# ON THE RUN

## Jonah 1

Roger Ellis | Lead Pastor | Jonah 1, p. 645

What can we learn from Jonah's run?

1. Running from God is foolish
2. Running from God puts others in danger
3. Running from God distorts the Good News
4. Running from God does not alter God's plan

The one thing: Stop!

## NEXT STEPS

- Memorize Psalm 139:7-10.
- Read Jonah out loud this week multiple times (6 minutes).
- Humbly share one of your runaway stories with a friend.
- Believer's Baptism, next Sunday, August 13 (Ottawa Lake).

## NOTES FOR PERSONAL & SMALL GROUP STUDY

### 1 KEEPING IT REAL

Describe a time when you were running away from God and why.

### 2 LOOK AT THE BOOK

How does Psalm 139 address running away from God?

3 What makes Jonah's (1:7-16) rebellion more repulsive than that of the people of Nineveh?

### 4 TAKING IT FURTHER

How will you address the rebellion within you this week?